



2024-2025 CLASS DESCRIPTIONS

****QUORUM:** A minimum of 4 students is required to open a class.

READ THOROUGHLY, AS SOME CLASSES HAVE CHANGED!

Levels will be assigned on age first, then the student's level of technique and skills will be considered.

New students and established students who are unsure of the level they should be taking, as well as Advanced Theatre and Triple Threat students, all need to be assessed. Assessments will take place at the Studio at the end of August (a week before classes start).

DANCE

CREATIVE MOVEMENT (Ages 3 - 5 years)

This is a movement class where children will learn basic ballet and music skills. Students will learn ballet class etiquette and develop muscular memory. Technical vocabulary, tap, and tumbling will be included.

Class meets one hour/once a week.

PRE-BALLET (Ages 5 - 8 years)

Pre-Ballet will prepare students for Ballet I technique. Exercises will be introduced to strengthen the ankles, feet, back, stomach, and neck, and increase coordination. Time will be spent introducing center work and simple combinations. Students will develop spatial awareness and musical phrasing.

Class meets one hour/once a week.

BALLET/TECHNIQUE (Ages 7 - Adult - Placement determined at assessments)

*Ballet/Technique will continue to build on the technical foundation of the dancer. It allows the students to develop a larger technical vocabulary. Students will be introduced to beginner through more advanced steps and combinations, as well as choreography, dependent on level. Students will focus on technique and strengthening at the Barre as well as center work. **Class meets one hour/once a week.***

POINTE

All pointe classes are designed for students with previous ballet/technique training. Students are expected to be very dedicated and disciplined, and will be required to take 2 to 3 technique

classes per week. To decrease possible risk of injury, this class will be introduced only to the girls who show adequate physical strength, and accurate technique necessary. If the teacher does not feel that the student is ready to initiate a pointe class, for the student's safety, she will not be placed in this class. Students will utilize previously learned ballet technique while working in pointe shoes. Each class includes barre exercises, center floor work and across the floor combinations. These exercises focus on strengthening the feet and ankles. Placement by audition and/or teacher recommendation*. Ballet class is required in order to take Pointe class.
Class meets one hour/once a week.

CONTEMPORARY I (Ages 6 - 9 years)

Contemporary I teaches basic contemporary and modern movement that strengthens the core of the dancer's body which is required for any dance style. The class will focus on contractions, isolations, improvisation, and coordination. (Completion of this class does not automatically place students into Contemporary II)

Class meets one hour/once a week.

CONTEMPORARY II (Ages 7 - 12 years)

Contemporary II is an intermediate level contemporary technique class. This class' movement will begin to emphasize physical strength and intensify choreography. Knowledge of the foundations of Ballet will be a plus, but not required. (Completion of this class does not automatically place students into Contemporary III). Contemporary I is prerequisite to Contemporary II and/or placement by teacher recommendation*.

Class meets one hour/once a week.

CONTEMPORARY III (Ages 13 - Adult)

Contemporary III is a mix of all main contemporary and modern approaches (Cunningham, Graham, Horton, and Limon). Advanced students will explore the natural energy and emotions of the body to produce dances which are often very personal, featuring a wide variety of dance techniques. The students will focus on breathing, posture, and emotional state to establish a mind-body connection through progressions, combos, routines, and mostly on building strength, stamina, endurance, and flexibility. The aim is to achieve optimum technical aptitude. Advanced students will be perfecting placement, alignment, core support, spatial awareness, full body/mind integration, rhythmic clarity, and musicality. Student must be enrolled in Ballet/Technique class, or be approved by the teacher of this class. Placement by audition and/or teacher recommendation*.

Class meets one hour/once a week.

JAZZ /Broadway (Ages 6 - Adult - Placement determined at assessments)

Jazz/Broadway teaches the basics of jazz movement with contemporary and Broadway-style music. Students learn isolations, stretches, across the floor jazz walks, turns and leaps, exciting choreography, and expand their jazz vocabulary. We offer multiple levels of this style.

Placement by teacher recommendation*

Class meets one hour/once a week.

TAP II (Ages 7-12 years)

Tap II is a beginner/intermediate class. Students will explore more extensive center and across the floor work along with challenging choreography, more difficult steps, and challenging choreography. (Completion of this class does not automatically place students into Tap III)

Class meets one hour/once a week.

TAP III (Ages 11 - Adult)

*This class is centered on rhythmic tap. Students will be challenged both technically and artistically. This class will be fast-paced and students will be expected to pick up combinations and choreography quickly. Perfect compliment for Triple Threat Class and/or Broadway Dance. Prerequisite: Tap II and/or teacher recommendation. Placement by audition and/or teacher recommendation.**

Class meets one hour/once a week.

JAZZ I/Tap I Combo Class (Ages 8-12)

Jazz 1 teaches the basics of jazz movement with contemporary and Broadway-style music. Students will begin learning isolations, stretches, across the floor jazz walks, turns and leaps, exciting choreography, and expand their jazz vocabulary. The other half of this class combo will be Tap 1 and will focus on rhythm and making "melodies" with the feet. This class will introduce rhythmic steps and tap vocabulary.

(Completion of this class does not automatically place students into the next level of either category)

Class meets one hour/once a week.

HIP HOP I (Ages 5 - 11yo)

Hip Hop I will explore the elements of street style dance and movement at the beginner level. Student will explore rhythm and musicality as they build muscle and coordination. This class is ideal for beginner dancers who wanna move and love jamming to music! (Completion of this class does not automatically place students into the next level.)

Class meets one hour/once a week.

HIP HOP II (Ages 13 - Adult)

Hip Hop II will explore a variety of urban dance styles. Students will be challenged physically and mentally as they build musicality, rhythm, muscle coordination, and muscle memory. Students will have the opportunity to learn the latest hip hop moves and steps in across the floor exercises and combinations. Placement by assessment or teacher recommendation only. (Completion of this class does not automatically place students into Hip Hop III)

Class meets one hour/once a week.

TRIPLE THREAT CLASS (Ages 13 - Adult)

Triple Threat Class at FODPA is not for just any student. This class will bring together the three disciplines of acting, singing, and dancing into a unified whole. The emphasis in these classes will be to strengthen each of the elements equally to create a well-rounded Triple Threat performer. The Triple Threat class will prepare the student to continue the tough journey of developing real craft, commitment, and the indomitable spirit of a stage actor.

Class meets one hour/once a week.

Requirements: *The student needs to be enrolled in TWO of the following: a dance class, a theatre/acting class, AND/OR a voice class to qualify for auditions. Placement is by audition and/or teacher recommendation only.**

Audition for this class requires the student to:

- 1. Perform a 30-second to one-minute monologue of his/her choice (comedy, drama, or dramedy)**
- 2. Perform a short song of his/her choice. (Student pay use a backing track or sing acapella)**
- 3. Learn and perform a small dance combo taught by one of our dance instructors. This will be done at our Onsite Registration and Assessment days. (See date and time on our website or Studio Calendar.)**

***The student only needs to pass two of those three auditions to be accepted in this class.
Class meets one hour/once a week.***

BOYS DANCE - (Ages 10 and up)

Boys Dance is exclusively for any male, of any age, at any dance level. The student will be taught a wide variety of styles and techniques. We are so excited to finally have a class for the guys to learn and build new skills together this year. This class will build strength, agility, and increase confidence. Any male who is a part of theatre or the performing arts would greatly benefit from this class.

Class meets one hour/once a week.

ACRO (Ages 8 - Adult)

This style will blend aspects of body control, flexibility, balance and athleticism while learning the precision of acrobatics along with the freedom of creative choreography. In this class, flexibility and strength is strongly required, but not necessary. Students need to know that flexibility for this style cannot be achieved over one class a week. Students will need to work on it at home. The instructor will work with each student according to their level.

Class meets one hour/once a week.

PARTNERING (Ages 13 and up)

This class will focus on movement and choreography centered around partner work. It will require strength, trust, and communication. We will be working in pairs and group partner work, and will learn a wide variety of lifts and balance work. Primarily contemporary style dance.

Class meets one hour/once a week.

CHOREOGRAPHY/COMPOSITION (Ages 12 and up)

This class will explore the skills and needed elements to choreograph a dance. Students will learn to choreograph and compose individual dances each week learning and critiquing their work. During the year they will learn about the various elements of putting together an aesthetic and engaging choreographic piece of work. The year will culminate in a student led and collaborative dance piece for recital.

Class meets one hour/once a week.

STRENGTH AND CONDITIONING (Ages 10 and up)

Unlock your full potential as a dancer with our Strength and Conditioning class. In this class students will build muscular strength, agility, endurance, and the flexibility needed to enhance your dance performance and prevent injuries. We will explore the technique behind turns and jumps as well as the coordination and musculature of the body. Through a series of targeted exercises, you'll develop core stability, improve muscle tone, and increase overall body control, all while maintaining the grace and fluidity essential to dance. This class includes a dynamic warm-up, targeted strength training using body weight, resistance bands, and light weights, as well as high-energy conditioning drills and focused stretching exercises and a student specific cool-down.

Class meets one hour/once a week. And will not have a performance at the end of the year.

THEATRE

We STRONGLY RECOMMEND that all theater students complement their theater training with dance, voice and/or acting classes. This will thoroughly prepare the student and complement their performance in the musical theatre training, preparing them for auditions, character development, choreography, vocal demand, and overall execution.

Attendance in these classes is **imperative.*

Student's past class engagement, attitude, and attendance will be considered in casting and participation for future productions.

THEATRE I (Ages 8 – 12)

*The Theatre I class will explore the role of the “triple threat “ performer. Students will learn the foundations of stagecraft. This class is not a “do this/show that” class. Time will be given to teach how acting, dance, and singing combine to make an unbeatable performance. A Broadway Musical or full play will be chosen for the performance. There will be extra rehearsals on some weekends, so students and parents need to check the Studio Calendar and make sure they separate those dates ahead of time. **Attendance in this class is imperative.** It is STRONGLY RECOMMENDED that the student takes a dance class and a voice class to be able to meet the show's standards.*

Class meets an hour and a half/once a week, with some extended hours & weekend rehearsals after Christmas Break.

THEATRE II (Ages 13 - Adult)

In Theatre II class, more time will be spent on character development and analysis. Students will need to dedicate at-home time to research, prepare, and memorize monologues. They learn to take the acting craft more seriously. A Broadway Musical or Full Play will be chosen for performance. There will be extra rehearsals on some weekends, so students and parents need to check the Studio Calendar regularly and make sure they separate those dates ahead of time. Some rehearsals might be added last minute, depending on class progress.

Attendance in this class is imperative.

It is STRONGLY RECOMMEND that the student takes a dance class and a voice class to be able to meet the show's standards.

Class meets two hours/once a week, with some extended hours & weekend rehearsals after Christmas Break.

ADVANCED THEATRE (Ages 13 - Adult)

This class is for advanced, serious actors. Very high standards are expected. ***Dedication, discipline, attendance, and commitment*** are a must. A Broadway Musical or Full Play will be chosen for performance. There will be extra rehearsals on some weekends, so students and parents need to check the Studio Calendar regularly and make sure they separate those dates ahead of time. Some rehearsals might be added last minute, depending on class progress.

Attendance in this class is imperative.

We STRONGLY RECOMMEND that the student takes an acting class (acting technique or private acting lessons), a dance class, AND a voice class (Group or Private) to be able to meet this class' very high level of performance.

Placement is by audition and/or teacher recommendation only.*

***Audition requires the student (established FODPA student or new student) to perform a one-minute monologue of his/her choice (comedy, drama, or dramedy and a short song of his/her choice (please use/find an accompaniment track on youtube or mp3 file - can be on their phones also). This will be done at our Onsite Registration and Assessment days, Please see Studio Annual Calendar for dates.**

Class meets two hours/once a week, with some extended hours & weekend rehearsals after Christmas Break.

ACTING TECHNIQUE CLASS (Ages 13 - Adult)

This is an in-depth acting class that covers numerous topics within the acting industry. Such as:

- Foundation of Acting
- Acting for Film
- Improvisation
- Preparing for Auditions
- Character Development
- Script Analysis
- Writing a Script
- Scene Study
- Mime
- Stage Combat
- Voice Acting
- Set/Prop Build
- Directing a Play
- and more...

Guest instructors/speakers will also be invited to teach a few classes. Does not pay costume fee. **Class meets one hour/once a week.**

VOICE

GROUP VOICE LESSONS

We are offering both, collective and private, Vocal Lessons at Field of Dreams Performing Arts.

Each individual will learn the value of proper breathing, proper posture, and proper vocal placement. These classes will give the students a great foundation to build strong vocals and vocal performance, like:

- ◆ Addressing all aspects of efficient vocal production
- ◆ Developing a commanding sound, total control and maximum beauty
- ◆ Great ease of expression
- ◆ Detailed performance and audition preparation

Class meets one hour/once a week.

EXCLUSIVE PRIVATE VOICE, ACTING, AND DANCE LESSONS

30-MINUTE PRIVATE LESSONS (Ages 8 and up)

1-HOUR PRIVATE LESSONS (upon request - min. age 13 yrs)